



www.columbiamemorial.org

Dear Patients of the CMH Family Birth Center,

We are currently limiting visitation to our Family Birth Unit to ensure you and your family's safety.

When you come in to have your baby, you may have two guests support you through your baby's birth. Your guests can include your birth partner, a doula, or another family member you designate. Please decide before you come in to deliver your baby and let your family know who the two people will be. Only visitors over 12 years of age will be allowed. At this time, pets are not allowed to visit.

Your "primary" guest will be asked to stay with you in the hospital during the length of your stay and will not be allowed to leave and reenter. Your secondary guest will be able to be with you from admission, through your delivery and the first two hours after your baby is born. At that time, we will need to have them leave the hospital. Your secondary guest will have more freedom to come and go from the hospital, but we ask that they try to limit the number of times they do this. All guests will have to wear a mask and wash their hands properly when in the hospital. They will need to be screened in the west lobby each time they return. Your guests will be screened daily for COVID related symptoms such as fever, cough, runny nose, and trouble breathing. If they develop symptoms, they will need to be tested for COVID or leave the hospital.

Your guests will be given one mask per day. They will be asked to leave their mask on while in the presence of staff or any public area, including hallways. If either of your guests lives within your same household, they may remove their mask when they are alone in the room with you and may remove their mask to eat. Guests who do not live within your residence must remain masked always and may only eat in the CMH Café.

Thank you for your understanding and cooperation. We know these times are challenging, especially when you need to be in the hospital. The goal of CMH is to keep all our patients and staff safe. We are thrilled that you have chosen us as your birthing facility!

Sincerely,

Erik Thorsen, CEO



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